

# CASE STUDY

## - PSYCHOLOGY

### Background

**SHAZIA SHANAVAS MANANGATH**

Internship in an area of Psychology.

**Start Date:** 18th of July, 2021 - 19th of August, 2021

**Working hours per week:** 20 hours

I'm a student studying in grade 11 of gems our own Indian school. In my spare time, I like to spend time with the people around me and interact with them. During this pandemic, I wanted to use my time productively and this internship was a great way to expand my knowledge.

The firm deals with taking care and handling kids with special needs. They have successfully trained more than 25,000 people who have unleashed their inner abilities. Their vision is to empower school and students with knowledge, skills and values to create successful and happy communities.

I was assigned to teach the special need kids. We had discussions every Saturdays to plan out the next week's schedule. We also went for ice skating and swimming in order to relax the kids mind and to enhance their skills. I also had to write reports about each child every week.

My role was to teach them subjects such as linguistics, cognitive, handwriting skills and art and craft. I often collaborated with parents and school staff to track students' progress. To meet each student's learning requirements, individual lesson plans were tailored to their specific needs. I also had to Monitor children's behavioral patterns and arrange appropriate interventions if needed.



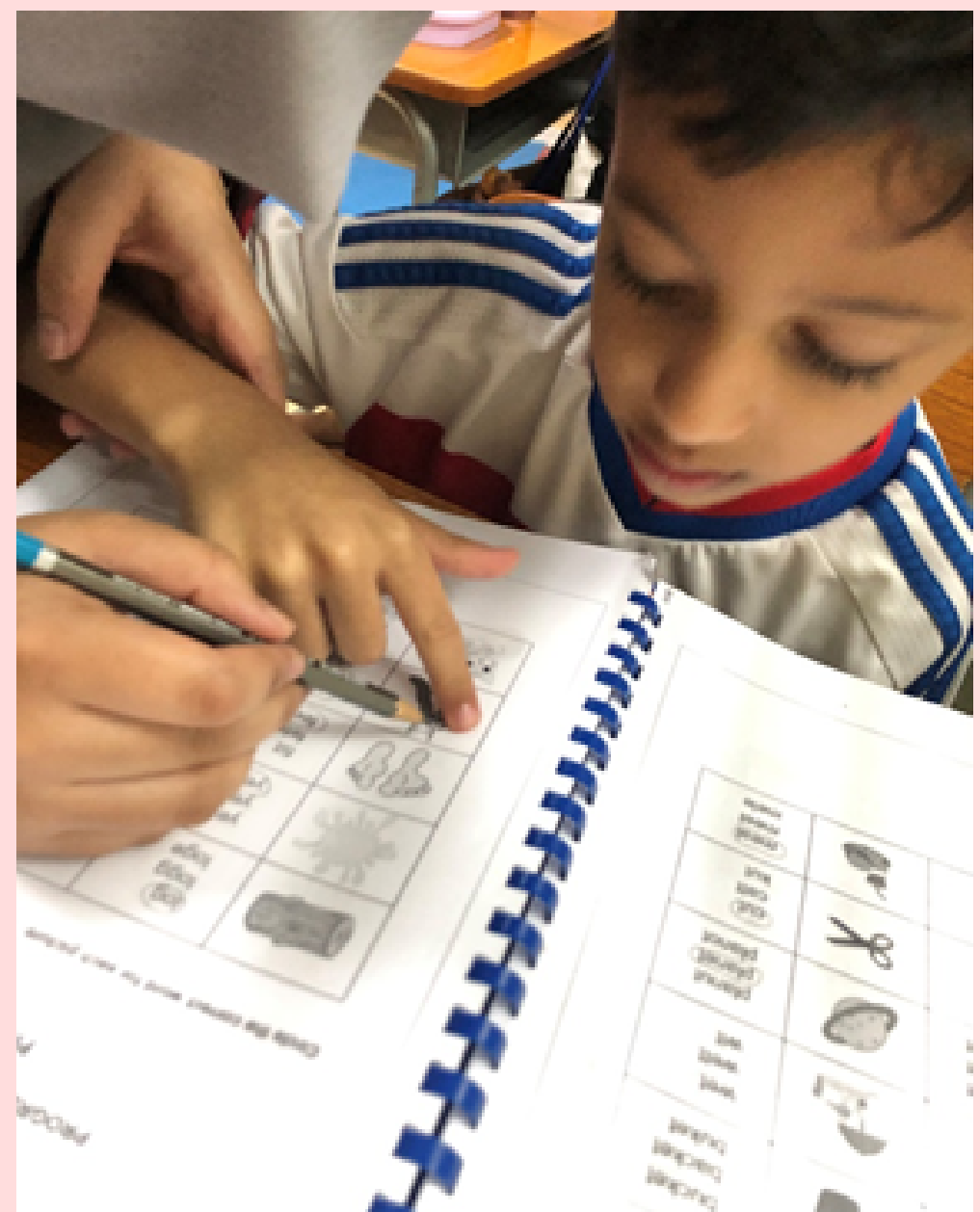
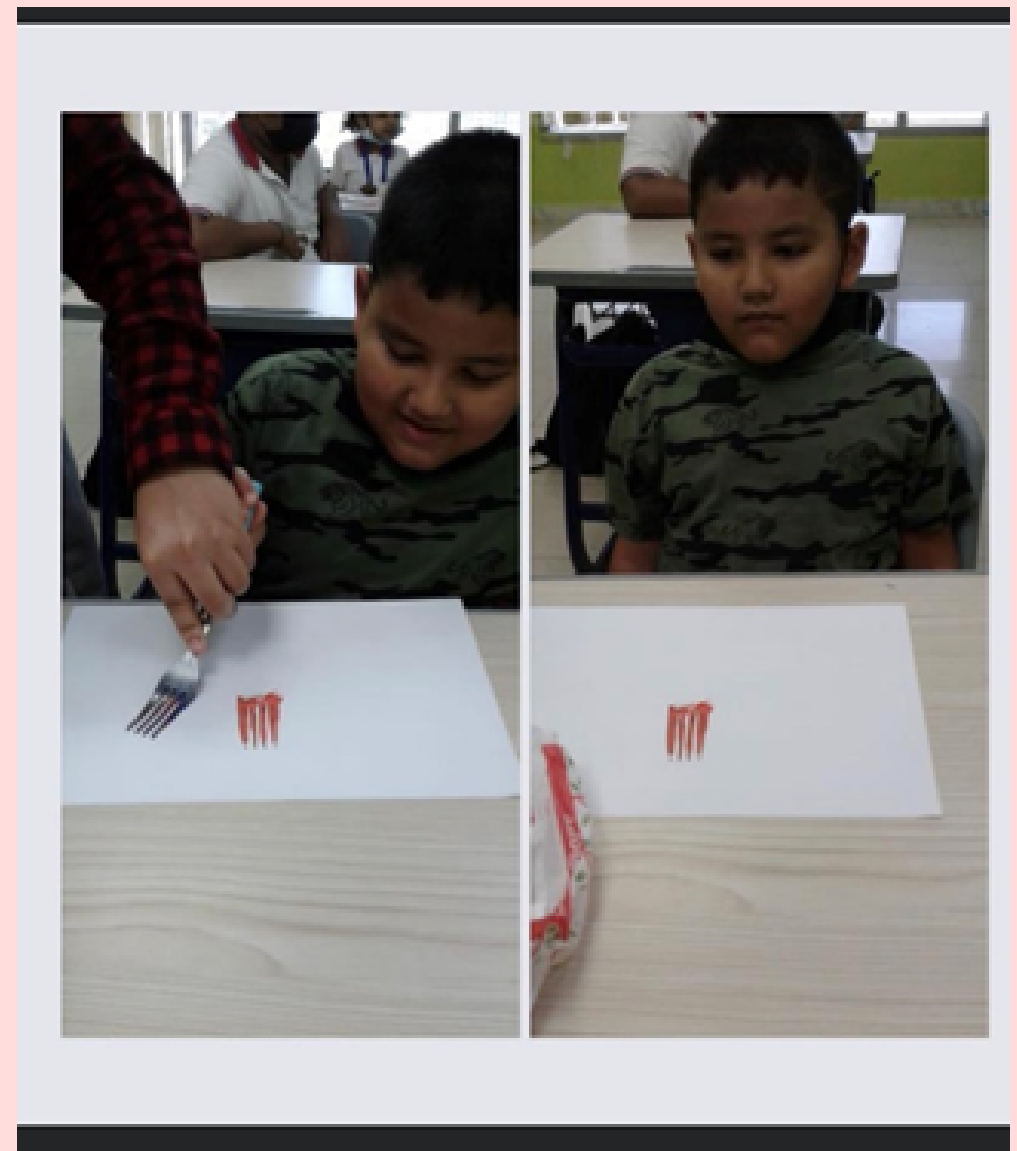
# *Learning Outcome*

The most valuable thing about my work experience would certainly be interacting with the kids and the teachers, as it helped me make huge leap into the ocean of knowledge.

My dream career is to become a psychologist and this internship has helped in understanding the various behaviors in children. It helped me develop the skills required in my future profession. Personally, it has made a huge impact in the way I view myself. During the course, I was able to enlarge my social skills and amiability.

In Psychology I had learnt about the development of children it helped me a lot during the internship. It helped me analyze the situation and work on it effortlessly.

I was also able to enhance skills such as patience, kindness and the ability to understand each individual. I have indeed met my expectations as the experience provided to me was unique and I enjoyed each and every aspect of it. It helped me bring out the best in me and to help others in every possible way.



# *Learning Outcome*

This internship has made me bring out some of the key qualities in me. I achieved few essential qualities like instant decision making, observation skills etc.

Although teaching the kids was difficult, there were many aspects to celebrate throughout the journey. I always liked hearing the kids call my name whenever they needed help. It was very overwhelming to see parents happy when we sent them a picture of their kid doing a craft or anything that made their child happy. Nothing was more satisfying than seeing the child learn something new or do something independently.

For the future students who are looking to make the most of their internship, I would just like to say enjoy and focus on the session simultaneously. The internship will help each of you in different ways but at the end you all will have some wonderful memories and lessons to take with you. Concentrate and be honest in the task assigned to you and you will surely be rewarded.

***“CONCENTRATE AND BE HONEST  
IN THE TASK ASSIGNED.”***

