

## Background

I am a Grade 12 student with interests in Fashion, Community service, Entertainment and Journalism.

The foundation I did my community service at, works for the welfare of women and children. This organisation is a brainchild of dedicated social workers who believe that women are the architects of the society.

During the course of my internship I worked as a volunteer for the foundation. I also helped in redesigning their brochure. I worked with the elderlies. We researched about all the changes that the elderlies go through and about everything they require during this stage of their life. We also researched about all the fun and creative activities that they would enjoy. We talked to them every Wednesdays and Saturdays.

Some of the activities and topics for discussion are as follows;

- 1. Recipes
- 2. Gardening
- 3. Home remedies
- 4. Favourite songs and singers
- 5. Quizzes
- 6. Story telling
- 7. Antakshari

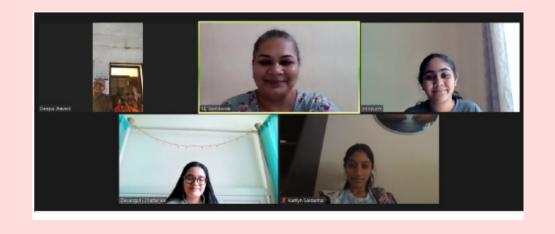
## NOOPUR BANGAR

Community Service
Start Date: 22nd of July
2021 - 18th of August,
2021

Working hours per

week: 1 hour





## Learning Butcome

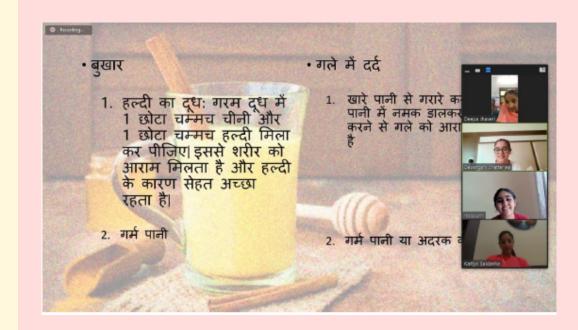
The most valuable thing about my work experience was getting to see a smile on their faces throughout the session. This was a very good experience as it helped me develop my creative and communication skills.

As I want to get into the media field, communication is the most important, so this is how the experience will help me professionally. All the research work we did during the course of this community service will definitely help me understand and improve my personal relationships with the elderlies.

We learnt a lot about all the physical, biological, psychological, social changes that take place in the lives of older citizens. Subjects such as mass media and psychological that I learn in school helped me during my community service. This also helped me enhance my digital and communication skills as I designed the brochure for the organization.







## Learning Outcome

This experience met most of my expectations. Although I wished I would have gotten to spend more time interacting with the elderly angels.

However I enjoyed all the time I spent with them. The smiles during the session always made my day. Interacting with them was easy as they made me feel very welcomed and comfortable. Overall I benefitted very much from the community service, professionally and personally. I would love to do this again. I am very thankful for this opportunity.

"I BENEFITTED BOTH
PERSONALLY AND
PROFESSIONALLY FROM THIS
EXPERIENCE"



