

CASE STUDY

- PSYCHOLOGY

Background

**RAKSHA CHETLUR
BALASUBRAMANIAM**

**Internship in an area
of Psychology**

**Start Date: 19th of July
2021 - 15th of August,
2021**

**Working hours per
week: 20 hours**

I am a Grade 12 student and my interest and reason in seeking this internship is to pursue a career in psychology

The firm I worked with ensured the following:-

To empower students with knowledge, skills, and values to create successful and happy communities.

To create an environment to nurture gratitude, acceptance and aspiration to build holistic individual and communities.

I worked as a teacher, taught students of different age groups from 7-11. Did lots of fun activities that enabled play and learn new things. I was assigned with the movers and flyers batch.

I also had a wonderful opportunity to be around PAT (specially abled) students which was completely new to me that brought in a sense of compassion, love, empathy and a different level of motivation to be around this children and see life from a completely different perception.



Learning Outcome

A highlight of the internship was gaining respect and most of all amazing love from kids. Since I'm pursuing psychology as my career this internship improved my patience and communicative and listening skills and empathy toward others.

The internship taught me the importance of hands on experience and good work culture. The experience was really great will do it again if I get a chance.

I learned time management, punctuality, patience, etc. I also learned to ice skate , perform in group activities and handle peer coworkers effectively and efficiently.

It met all my expectations. It also gave me a good exposure and new experience of work life.

Those pursuing the internship will have a wonderful learning experience in the field of psychology and handling children.

***"THE INTERNSHIP GAVE ME A
GOOD EXPOSURE AND NEW
EXPERIENCE OF WORK LIFE"***

